



Competition rules
disco
street dance
jazz dance, modern & show dance
2017-2018



OOMS - SPORTTROFEEEN



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1 General structure

This chapter goes over the various competition styles, disciplines and classes and explains what series participants may end up in and what rules they need to observe.

Exceptions and/or additions are set out in the chapters on the specific disciplines.

1.1 Styles

Danssport Vlaanderen organises competitions in the following contemporary dance styles:

- Disco ([chapter 3](#)): soloists, duos, small groups, formations
- Street dance ([chapter 4](#)): soloists, duos, small groups, formations
- Jazz dance, modern & show dance ([chapter 5](#)): soloists modern (juniors + adults), duos modern (juniors + adults), small groups jazz dance, modern and show dance, formations jazz dance, modern and show dance

1.2 Disciplines

Within the various styles, participants are free to compete in the various disciplines.

MIND: not all styles cater for all the various disciplines!

1.2.1 Soloists

Clip dance

Clip dance is a dance style Danssport Vlaanderen imposes on starting competition dancers in the age category (Mini Kids and) **Children**. This dance style is taught and practised in clubs. In this particular discipline, participants take up an orderly position across the floor (in rows and staggered across the 2nd half of the dance floor, opposite the judges) wearing their starting number on their tummy.

Clip dance includes key elements that must be performed technically correctly. The idea is to make dancers aware of correct posture and the importance of a well-finished routine.

Participants must take care not to endanger themselves and/or other participants while performing their routine.

Own choreography

The music must be in keeping with the style.

Participants must take care not to endanger themselves and/or other participants while performing their routine.

The dancers are not obliged to perform the same routine in the various heats.

1.2.2 Duos

Both dancers are expected to dance together. A well-executed duo performance consists of synchronised dance steps and typical choreographic elements such as: follow the leader, shadow and mirror..., and, more importantly, a mix of all the various possibilities. Duos must dance as one unit.

Duos must take care not to endanger themselves and/or other participants while performing their routine.

1.2.3 Small groups and formations

- A small group consists of minimum 4 and maximum 7 dancers. A formation numbers a minimum of 8 dancers. In cases where these numbers are not adhered to, participants can still take part but on a non-competitive basis only.
- The Danssport Vlaanderen Secretariat must be informed of the exact group composition at the start of the new sporting year.
- Only one standby dancer is entitled to stand in for a regular dancer.
- Small groups and formations are assessed as one unit. Solo or duo elements are permitted but cannot predominate.
- Groups are free to choose their own group name. The name of that group shall remain unchanged for the duration of the sporting year. Names can only be changed at the start of a new sporting year, in which case the Secretariat must be notified. The name of the group belongs to the club and cannot be re-used if the group moves to another dance club. Should the same group name appear more than once in the competition circuit, the group names must be differentiated by means of the club name's initials, positioned after the name of the group.
- Groups that make it to the semi-finals must use the same choreography in the finals (formations must also dance to the same music).

1.3 Age categories

Age category	Mini Kids (disco) & Children	Juniors	Adults	Adults 2
Age	up to and including 11 years	12-15 years	16+	28+
Born in	2007, 2008, 2009 or later	2003, 2004, 2005, 2006	2002 and earlier	1990 and earlier

Age determination

All ages are determined on the basis of the dancer's/dancers' year of birth and this in accordance with the following formula: **the year of the championship (2018) minus the dancer's year of birth = the dancer's age.**

Example:

A dancer was born on 09/06/2006. In line with our formula: 2018 – 2006 = 12 years. As a result, the dancer shall take part in the 'Juniors' category even if the dancer does not turn 12 years of age until after the competition season has come to an end.

1.3.1 Soloists

'Adults 2' does not include a category for soloists. 28+ dance in the 'Adults' (16+) category.

1.3.2 Duos

The age of the eldest partner determines the duo's age category.

'Adults 2' does not include a category for duos. 28+ dance in the 'Adults' (16+) category.

1.3.3 Small groups

Older dancers are not admitted and no more than 50% of the dancers may be younger.

If this rule is deviated from, the result will be null and void.

New as of the 2017-2018 sporting year: small group 'Adults 2'

1.3.4 Formations

- Children (up to and including 11 years of age): older dancers are not entitled to take part in this category.
- Juniors (12-15 years of age). 2 dancers may be older than 15 but no more than 16 years of age (birth year 2002). There is no cap on the number of younger dancers (under the age of 12).
- Adults (from the age of 16): max. 50 % of the group can be under the age of 16.
- Adults (from the age of 28): 50 % of the dancers are 28 years of age or older. Minimum age is 16 (birth year 2002).

If this rule is deviated from, the result will be null and void. In that case, participants can participate outside of the category only.

Where only one formation is entered in the 'Adults 2' category, the formation can dance in the 'Adults' category. They will be assessed by the judges but the result will not be included in the 'Adults' results.

1.4 Classes

To ensure that levels are divided evenly, classes have been introduced. Participants in a higher class will compete against participants of a similar level. There are three classes:

- Beginners' class
- Intermediate class
- Advanced class

Participants can end up in the higher classes by earning bonus points.

There are no classes in the 'small groups' and 'formations Adults 2' categories.

1.4.1 Duos

Where duos part company to form a new duo, the former class of both dancers is looked at. If they used to dance in the same class, they will start one class lower but with 2 bonus points. If they danced in different classes, they will start off in the lower of the two classes, without bonus points:

Partner 1	Partner 2	New duo
Start	Start	Beginners' class + 0 BPs
Intermediate	Intermediate	Starting class + 2 BPs
Start	Intermediate	Starting class + 0 BPs

1.4.2 Formations

Groups are qualified as **new** if they consist of less than 50 % of the previous (2016 – 2017) small group/formation participants. In that case, the new group is entered in the Beginners' class and loses its bonus points.

Example:

- During 2016 - 2017, a formation team consisted of 10 dancers. The following year, i.e. 2017 - 2018, 5 dancers of that team continue (= 50 % of the earlier formation). 15 new dancers join the formation, with the result that the team now numbers 20 dancers. The team is NOT qualified as new because at least 50 % of the original formation is retained.

Where **2 groups amalgamate into 1 group**, the previous (2016 - 2017) composition of these 2 groups is examined:

- Where at least 50 % of the dancers of both groups remain, the group will continue in the highest class and hold on to the bonus points.
- Where at least 50 % of the dancers of one group remain, the group will continue in that group's class and hold on to the bonus points.
- Where less than 50 % of the dancers of both groups remain, the group will go back to the Beginner's class with 0 bonus points.

The group is free to dance under either name or to choose a new name.

Group 1	Group 2	New group
Adults Beginners (50 %)	Adults Advanced (50 %)	Adults Advanced
Adults Intermediate (50 %)	Adults Advanced (<50 %)	Adults Intermediate, with retention of the BPs
Adults Beginners (<50 %)	Adults Advanced (<50 %)	Adults Beginners with 0 BPs

1.5 Bonus points

Bonus points are awarded in the beginners', intermediate and advanced classes.

Soloists/duos/formations need **3 bonus points** to move from the beginners' class to the intermediate class or from the intermediate class to the advanced class.

The bonus points in the advanced class are used for ranking purposes (see 2.5).

Advanced classes and 'Adults 2', see also [7.1](#)

1.5.1 Allocation of bonus points

Participants who scored highest in the judges' ranking are awarded bonus points.

The number of participants that is awarded a bonus point will depend on the number of participants in the series. Participants can earn no more than 1 bonus point per competition.

Bonus points are awarded during the Vlaams Kampioenschap (Flemish Championships), not during the Belgisch Kampioenschap (Belgian Championships).

Soloists and duos:

- **Soloists** do **NOT** qualify for bonus points in any series.
- between 2 and 5 participants in any one series 1 BP
- as of 6 participants in any one series 2 BPs
- as of 9 participants in any one series 3 BPs
- as of 15 participants in any one series 4 BPs
- as of 25 participants in any one series 5 BPs
- as of 36 participants in any one series 6 BPs

- as of 47 participants in any one series 7 BPs (= maximum)

Small groups and formations:

- **Soloists** do **NOT** qualify for bonus points in any series.
- 2 up to and including 4 formations in any one series 1 BP
- 5 up to and including 8 formations in any one series 2 BPs
- 9 up to and including 12 formations in any one series 3 BPs
- 13 up to and including 16 formations in any one series 4 BPs
- 17 up to and including 20 formations in any one series 5 BPs
- 21 up to and including 24 formations in any one series 6 BPs

Small groups or formations that rank ex aequo and qualify for a bonus point but fail to make it to the finals, are all awarded a bonus point.

1.5.2 Promotions and transitions

Once a dancer/duo/formation has earned 3 bonus points, the promotion must be accepted, with the result that the dancer(s) in question must dance in the higher class the next time the dancer(s) concerned enter(s) a competition.

Dancers/duos/formations who/that need to move to the next age category shall do so at the start of the new sporting year but will remain in the same class and retain their bonus points.

Exception:

- Participants in the advanced class will go down to the intermediate class and start with 2 bonus points.

Dancers/duos/formations who/that haven't competed for two dancing seasons will start back in the Beginners' class and lose their bonus points.

2 Course of the competition

2.1 Preliminaries and finals

The Danssport Vlaanderen Secretariat sets the format of the competition on the basis of the number of entries and the timing. Danssport Vlaanderen does not take account of dancers who dance in several small groups or formations when organising the timing.

Depending on the number of contestants, an octo-final, quarter-final, semi-final, and where necessary, a rematch is organised.

2.2 Music

Rules on music and duration can be found under the individual disciplines.

In the event of technical problems or other issues attributable to third parties, dancers will be given a second chance.

2.2.1 Set music

Danssport Vlaanderen specifies the music at the start of the season. The set music will always be in keeping with the style of dance. The music can be found on the Danssport Vlaanderen website.

2.2.2 Random music

This music is chosen by the competition organiser. The dancers are not told what music they will be dancing to beforehand. The music shall be in keeping with the style.

2.2.3 Own music

The duration of participants' own music is checked by the competition office. A 5-second margin will be operated. If the sound track is too short or too long, the participant(s) in question will be disqualified.

See also [6.4](#)

2.3 Judging

Please check out the judges' course to find out what the judges will focus on. Dance teachers or club managers can obtain this course via the Danssport Vlaanderen Secretariat.

The judges are entitled to dock points if the performance is not in keeping with the dance style. In consultation with the competition office, the judges may decide to refer any group that doesn't dance in the right style (disco / street dance / show dance / modern / jazz) to the correct dance style as of the next competition. The group in question will be notified without undue delay.

2.4 Championships

2.4.1 Vlaams Kampioenschap (The Flemish Championships)

The Vlaams Kampioenschap is danced by age category and by class.

Participation in the Vlaams Kampioenschap requires:

- Participation in a minimum of **2** (3 in the case of disco) qualifiers in the correct discipline during the sporting year (2017-2018) in the right region.
- Participation in **1** qualifier during the sporting year (2017-2018) prior to 01/01/2018 (not applicable to jazz dance, modern or show dance).

Withdrawal due to illness

- If you are prevented from taking part in the qualifiers because of injury, you may still qualify provided you submit a medical certificate.
Bear in mind though that you will still need to enter the competition by the final closing date! The medical certificate must be valid on the date of the competition.
- Where 1 of a duo's partners has been struck by illness, a medical certificate will suffice. The other partner will not be required to dance.

2.4.2 Belgisch Kampioenschap (Belgian Championships)

This championship is danced by age category but does not involve classes.

Belgisch Kampioenschap (BK) qualifications requirements:

- Participation in the Flemish Championships (VK)
- A suitable ranking (see 2.5) at the end of the VK:
 - Disco and street dance: in the top 16 of the soloists, in the top 10 of the duos, in the top 7 of the small groups and in the top 7 of the formations
 - Jazz dance, modern and show dance: in the top 7 of the soloists, in the top 7 of the duos, in the top 7 of the small groups and in the top 7 of the formations
- Candidates from Wallonia

Rules governing soloists and duos at the BK:

Soloists:

- ❑ Children do NOT dance clip dance but perform their own choreography to random music
- ❑ Disco: preliminaries: everyone dances together for +/- 1 minute; final: each finalist first dances a 'Dance for your life' (DFYL) on his/her own for 30 seconds; next the finalists all dance together to random music for +/- 1 minute.
- ❑ Street dance: preliminaries and final: everyone dances together for +/- 90 seconds;
- ❑ Modern: final: everyone performs individually for +/- 90 seconds;

Duos:

- ❑ Disco: preliminaries: everyone dances together for +/- 1 minute; finals: each finalist performs separately to random music (to be decided and communicated later) for +/- 1 minute
- ❑ Street dance: preliminaries: everyone dances together for +/- 90 seconds; finals: each finalist performs separately for +/- 90 seconds
- ❑ Modern: final: each finalist performs separately for +/- 90 seconds

2.5 Ranking

As of the 2017-2018 competition season, a ranking will be compiled on the basis of classes and bonus points. The advanced class with the most bonus points will top the ranking, the beginners' class with 0 bonus points will be ranked lowest.

As of 2017-2018, soloists, duos, formations in the advanced class, small groups (all age categories) and formations 'Adults 2' will also be able to earn bonus points. However, in these categories, dancers will start each season with 0 bonus points. Anyone who does not compete for two years in a row disappears from the ranking.

The highest ranking participants can take part in the Belgisch Kampioenschap (see 2.4.2.). In the event of an ex aequo ranking, the place in the VK will be decisive.

3 Disco

3.1 Dance style

This particular dance style mainly consists of rapid, powerful and defined movements danced to up-tempo music. The dance style is characterised by stretched arm movements, often with straight lines. Technique (body use, body awareness, spotting and turning technique) is also important.

3.2 Soloists

3.2.1 Age categories

See [1.3](#)

Exception: Disco Mini Kids (2009 or later), Disco Children (2007, 2008)

3.2.2 Classes

- Disco Mini Kids: beginners' class (clip dance), intermediate class, advanced class
- Disco Children: beginners' class (clip dance), intermediate class, advanced class
- Disco Juniors: beginners' class, intermediate class, advanced class
- Disco Adults: beginners' class, intermediate class, advanced class

3.2.3 Music and duration

Music: set by Danssport Vlaanderen, tempo ranging between 136 and 148 BPM.

Duration: participants dance for +/- 1 min.

Where there are numerous entrants, this can be extended to max. 1 min. 30 sec.

Exception: Clip dance (1 min. 30 sec.) and 'Dance for your life' (30 seconds) *.

The organisers shall abide by the above durations.

*Soloists in the advanced class (all age categories) shall first perform an individual 'Dance for your life' (DFYL) for 30 seconds before dancing all together for +/- 1min.

3.2.4 Figures and choreography

Routines such as the splits... are permitted but must be kept to a minimum.

Come the 'Juniors' and 'Adults' categories, choreographies that are overly short and repetitive are less appreciated. In the category 'Children' this does not pose an issue.

Acrobatic elements (e.g. somersaults, cartwheels, flick flacks, flips, handstands, flip-overs, back flips, stretch bridges or back crabs or any combination thereof) are not permitted. Dancers who include acrobatic elements will receive a warning from the competition office. If the same dancer includes the same acrobatic element in a next round, the competition office will rank him/her last.

3.3 Duos

3.3.1 Music and duration

Beginners' and intermediate classes:

Music: random music (tempo ranging between 136 and 148 BPM).

Duos in the Children's beginners' class are expected to dance to a set song.

Duration: in all rounds, the duos will dance at the same time for +/- 1 min *. In the case of numerous entrants, this can be extended to max. 1 min. 30 sec.

Advanced class:

Music: in the first rounds all duos will dance together to random music (tempo ranging between 136 and 148 BPM) at the same time. The finalists will perform separately to music of their own choice

Duration: in the first rounds all duos will dance at the same time for +/- 1 min. *. The finalists will dance to music of their own choice for 1 min. 30 sec.

* If 6 or more duos have entered, the series can be divided into two series or more.

* Any duo performing on its own in a given series will also be able to dance the General Look in another series.

3.3.2 Figures and choreography

Lifts are not permitted.

Routines such as the splits... are permitted but must be kept to a minimum.

Come the 'Juniors' and 'Adults' categories, choreographies that are overly short and repetitive are less appreciated. In the category 'Children' this does not pose an issue.

Acrobatic elements (e.g. somersaults, cartwheels, flick flacks, flips, handstands, flip-overs, back flips, stretch bridges or back crabs or any combination thereof) are not permitted. These figures will not be permitted either even if they are performed with the assistance of the partner. Dancers who include acrobatic elements will receive a warning from the competition office. If the same dancer includes the same acrobatic element in a next round, the competition office will rank him/her last.

3.4 Small groups

3.4.1 Music and duration

Music: random music (tempo 140 BPM)

Duration:

- Children: 1 min. 30 sec.
- Juniors, Adults and Adults 2: 2 min.

Small groups always perform separately.

3.4.2 Figures and choreography

The choreography shall by and large be disco-based. All groups should pay particular attention to the following aspects: facial expression, aura, finish, attitudes, technique, collaboration...

Attributes are not allowed.

Acrobatic elements and lifts are not permitted. The group will receive a warning from the competition office if it does include an acrobatic element or lift in its routine. If the same figure is performed a second time around, the competition office will rank the group in question last.

3.5 Formations

3.5.1 Music and duration

Music: own choice (guideline: tempo to range between 132 and 148 BPM).

Duration: min. 2 min. 30 sec. and max. 3 min.

3.5.2 Choreography

The choreography shall by and large be disco-based. All groups should pay particular attention to the following aspects: the correct choice of music (mix), facial expression, aura, finish, attitudes, technique, collaboration...

Attributes are not allowed.

4 Street dance

4.1 Dance style

Street dance, or urban dance, is a collective term that encompasses a variety of urban-dance forms. In other words, street dance is not a dance style as such. The main dance styles within street dance are: hip-hop, b-boying, locking, popping, house, krumping and ragga/dancehall, but other street-dance styles can also be performed: jazz rock, wacking, vogue, hype... The various street-dance styles often have their own style of music with their own speed and foundation (basic techniques). When you choose to perform a street-dance style it is essential to you master the basic techniques of the style in question.

4.2 Soloists

4.2.1 Music and duration

Music: to be chosen by Danssport Vlaanderen (tempo ranging between 100 and 116 BPM).

Duration: participants are expected to dance for +/- 90 seconds. In the case of numerous entrants, this can be extended to max. 2 min.

4.3 Duos

4.3.1 Music and duration

Beginners' class:

- Music: the duos will dance to set music in all rounds. (The set music can be obtained from your teacher).
- Duration: In all rounds, duos will dance simultaneously for +/- 90 sec. *. In the case of numerous entrants, this can be extended to max. 2 min.

Duos in the intermediate and advanced classes:

- Music: in the first round, all duos will dance to the set music of the beginners' class. (The set music can be obtained from your teacher). The finalists will perform separately and to music of their own choice.
- Duration: in the first rounds all duos will dance simultaneously for +/- 90 sec. *. In the case of numerous entrants, this can be extended to max. 2 min. Finalists will perform separately for 90 sec.

* If 6 or more duos have entered, participants may be divided into two or more series.

4.4 Small groups

4.4.1 Music and duration

Music: to be chosen by the contestants

Duration:

- Children: 1 min. 30 sec. – 2 min.
- Juniors, Adults and Adults 2: 2 min. – 2 min. 30 sec.

4.4.2 Figures and choreography

The choreography must by and large be in keeping with the street-dance style.

All figures may be danced but they must be in keeping with the street-dance styles. All groups should pay particular attention to the following aspects: the correct choice of music (mix), facial expression, aura, finish, attitudes, technique, collaboration.... Attributes may be used provided they do not pose a risk or interfere with the timing.

4.5 Formations

4.5.1 Music and duration

Music: to be chosen by the contestants

Duration: min. 2 min. 30 sec. and max. 3 min.

4.5.2 Figures and choreography

The choreography must by and large be in keeping with the street-dance style.

All figures may be danced but they must be in keeping with the street-dance styles.

All groups should pay particular attention to the following aspects: the correct choice of music (mix), facial expression, aura, finish, attitudes, technique, collaboration...

Attributes may be used provided they do not pose a risk or interfere with the timing.

5 Jazz dance, modern & show dance:

5.1 Dance style

The jazz dance, modern and show dance competitions are organised on the same day/during the same event. We differentiate between the various dance styles:

5.1.1 Jazz dance

The category 'jazz dance' includes: old school jazz, theater jazz, Broadway jazz, street jazz, commercial jazz.... Examples of choreography in this style: Bob Fosse, Jack Cole, Matt Mattox... The choreography shall consist of jazz techniques: jazz turns, jazz hands, alignment, placement, sautés, isolations, stretches, use of port de bras.... Timing, rhythm and coordination are essential in jazz dance. As floor work forms part of both jazz and modern dance, the typical modern floor work is permitted provided it does not predominate. The typical jazz floor work can predominate however. Lifts are permitted but acrobatic elements (gymnastic elements such as flip-overs, cartwheels with or without hands, flips...) are not. Attributes may be used provided they serve a functional purpose.

5.1.2 Modern

Modern/Contemporary dance stems from a rebellion against the classical technique. Experimental or original technique and choreography are encouraged but the basic technique is and remains essential. The use of gravity comes very much to the fore, which is expressed in 'grounded' dancing and modern floor work. The modern techniques stem from Limon, Cunningham, Graham, Laban, Duncan.... Modern choreography often has a theme or storyline but that is not essential, in contrast to show dance. Lifts are permitted but acrobatic elements (gymnastic elements such as flip-overs, cartwheels with or without hands, flips...) are not. Attributes may be used provided they serve a functional purpose.

5.1.3 Show dance

Show dance mainly includes stage dance and theatre dance with the accent on entertainment and considerable show effect (effect of surprise). In show dance acrobatic elements (gymnastic elements such as flip-overs, cartwheels with or without hands, flips...) lifts, lip-syncing and attributes are permitted as they add to the performance. Show dance must have a title or theme with a concept or idea, possibly with a storyline that runs through the dance. Various dance styles are permitted as they reinforce the effect of surprise. Entertainment is the most important factor! Adagios have no place in this category unless they are used as intro/bridge before the choreography explodes (for contrast). Attributes can be used.

To clarify the theme, each group is welcome to send in two sentences which the MC will read out before the performance.

5.2 Soloists

During the 2017-2018 sporting year, solo performances will only be organised in the **modern** dance style.

5.2.1 Age categories

During the 2017-2018 sporting year, only the categories '**Juniors**' and '**Adults**' will be organised.

5.2.2 Music and duration

Music: to be chosen by the contestants

Duration: Each soloist will perform individually for max. 90 sec.

5.3 Duos

During the 2017-2018 sporting year, duo performances will only be organised in the **modern** dance style.

5.3.1 Age categories

During the 2017-2018 sporting year, only the categories 'Juniors' and 'Adults' will be organised. Children (- 12-year-olds) are not entitled to take part, whether in combination with Juniors, Adults or otherwise.

5.3.2 Music and duration

Music: to be chosen by the contestants

Duration: Each duo will perform individually for max. 90 sec.

5.4 Small groups (jazz dance, modern & show dance)

5.4.1 Music and duration

Music: to be chosen by the contestants

Duration:

- Children: 2 min. – 2 min. 30 sec.
- Juniors, Adults and Adults 2: 2 min. – 3 min.

5.4.2 Figures and choreography

Jazz:

- Modern floor work is permitted provided it does not predominate.
- Lifts are permitted but acrobatic elements (gymnastic elements such as flip-overs, cartwheels with or without hands, flips...) are not.
- Functional attributes can be used.

Modern:

- Lifts are permitted but acrobatic elements (gymnastic elements such as flip-overs, cartwheels with or without hands, flips...) are not.
- Functional attributes can be used.

Show dance

- Lifts and acrobatic elements are permitted.
- Attributes can be used.

5.5 Formations (jazz dance, modern & show dance)

5.5.1 Music and duration

Music: to be chosen by the contestants

Duration: min. 2 min. 30 sec. and max. 3 min.

5.5.2 Figures and choreography

Jazz:

- Modern floor work is permitted provided it does not predominate.
- Lifts are permitted but acrobatic elements (gymnastic elements such as flip-overs, cartwheels with or without hands, flips...) are not.
- Functional attributes can be used.

Modern:

- Lifts are permitted but acrobatic elements (gymnastic elements such as flip-overs, cartwheels with or without hands, flips...) are not.
- Functional attributes can be used.

Show dance:

- Lifts and acrobatic elements are permitted.
- Attributes can be used.

6 General competition rules (arrangements)

6.1 Entries

- Entries must have arrived at the Secretariat, Kempenlaan 27 letterbox 1, 2300 Turnhout (email: info@danssportvlaanderen.be) by **Friday, three weeks prior to the competition**. Entries must be submitted by the club manager/teacher or via the FDSF Secretariat, using the standard registration form which can be obtained from the Secretariat or via the Danssport Vlaanderen website (www.danssportvlaanderen.be > wedstrijden).
- Participating clubs will receive a list of the entrants and a provisional timing (which is also published on our website) the following week. Changes can be submitted until Sunday evening, 2 weeks prior to the competition, which is also the final entry deadline. (Entries on the competition day itself will NOT be accepted. It is up to the participating clubs and dancers to check the entries.
- After Sunday evening (8 days prior to the competition) cancellations (without valid medical certificate), the list of entrants will no longer be adjusted to cater for cancellations (mandatory registration fee of € 5 or € 8 (FDSF)) + € 5 administrative fee (per soloist, duo or group). The fine shall be paid by bank transfer (with reference by e-mail) before the next competition. Failing that, the dancer concerned will not be entered in the next competition.
- The same applies to dancers who fail to turn up without a valid reason.

To take part in competitions, dancers must be affiliated to Danssport Vlaanderen or the FDSF. Dancers may be asked for their membership card during the competitions to establish that they are. **All dancers shall dance under their own club name at competitions organised by Danssport Vlaanderen.** *Soloists and duos* affiliated to Danssport Vlaanderen but not to a particular club are welcome to enter under the name Danssport Vlaanderen. **Dancers who enter via another dance federation will be charged a €10 licence fee on top of the participation fee.**

The entry fee (to be paid at the entrance) amounts to:

- Participants: **€ 5** per person for Danssport Vlaanderen members; **€ 8** per person for FDSF members (irrespective of the number of disciplines entered)
- Spectators: **€ 5** per person
- Programme booklet: **€1**

Teachers affiliated to Danssport Vlaanderen, members of the Board of Directors and children under the age of 8 are admitted free of charge.

Once supervisor per club will be admitted free of charge provided the supervisor's name is listed on the registration form.

The person in charge of the club (or his deputy) **MUST** settle participants' entry fees at the entrance before the first dancer takes to the stage. The person in charge of the club will be notified of the amount due a number of days beforehand.

In the event of non-compliance, the club will be given a warning. A second warning will result in a fine of 50 euro. If the Danssport Vlaanderen fines are not settled, participants will be banned from taking part in the next competition.

Dancers affiliated to **other dance federations** can take part in the Danssport Vlaanderen competitions provided they pay an annual dance licence fee of **€ 10** per person. Entries must be submitted via the secretariat of the other dance federations.

6.2 General rules and arrangements

- Identity cards or other proofs of identity may be asked for during the competitions or at the time of registration.
- Where participants dance in a different composition than the one originally submitted, the result will be invalid.
- Medical certificates are no longer required. However, we would advise you to submit your details via www.sportkeuring.be to check whether a sport-medical examination might be indicated. Sport-medical examinations are designed for people who engage in sport as a hobby or for health purposes (recreational athletes) and for anyone who takes part in competitions (competitive athletes), with the exception of professional athletes.
- Within one and the same dance style, dancers can participate under 1 club name only, meaning that if a dancer dances in a team, he/she will also dance solo or in duo under the same club name.
- Participants who are not on the dance floor after having been called twice (by the competition director) are no longer entitled to take part in the series.
- Dancers are obliged to collect their numbers in the hall in person; small groups and formations shall designate a representative to collect their numbers.
- Participants who do not return their starting number on the day of the competition are automatically disqualified from taking part in the next competition. A fine of € 20 shall be charged for any starting numbers that cannot be found.
- Starting numbers must be worn on the front of the body.
- Participants must be on site at least 60 minutes before their category is due to perform.
- Participants are not permitted to wear footwear with heels or soles that leave marks on the floor. Dancers/dance groups/dance clubs can be held liable for any damage to the floor.
- Cups are presented for 1st, 2nd and 3rd place. Anyone who fails to collect his/her cup loses his/her bonus point and cup.
- A group's choreography is the property of the club and not of the dancer or teacher. Where a group or a teacher moves to another club, the dancers or teacher in question are/is not entitled to copy the choreography.
- If a group moves to another dance school, the group shall be qualified as a completely new group (new name, new choreography, new music, new clothing, loss of class and bonus points). This may be subject to negotiation however provided the original club gives its consent in writing.
- Cups awarded to a group are the property of the club.

6.3 Code of conduct

- Fair play and respect for the trainer/teacher, team members and dance partners, judges and other competitors.
- Respect the other competitors, for, without them, there wouldn't be a competition.
- Show humbleness when you lose and modesty when you win.
- Respect the judges' decision.
- Enjoy the dance competition and applaud other competitors' fine performances.
- Treat the dressing rooms and infrastructure with respect (leave the dressing rooms, toilets and dance floor as you would like to find them)
- It is strictly forbidden to communicate with the judges prior to and during the competition.
- Only the person in charge of the club is entitled to communicate with the competition office during the competition.

- Complete silence must be observed for the jazz dance, modern & show dance performances and we would ask you to applaud at the end of each performance.

6.4 Music

When dancing to one's own music, the following rules apply:

- The track must be submitted on a USB stick. A backup CD must also be supplied.
- The USB stick and CD must feature the following details: name of the club, starting number and class.
- USB sticks and CDs can contain one track only (the full choreography).
- The USB stick, backup CD and recording must be of excellent quality.
- The USB stick and CD must be submitted to the person in charge of the music 30 minutes prior to the start of the category so that it can be tested.
- The person in charge of the group shall sit on the designated chair on the dance floor and signal the person in charge of the music when to start the music.
- The track shall come with an obvious stop.
- In the event of non-compliance with the above rules, the club will be given a warning. A second warning will result in the club being banned from taking part in the next competition.

6.5 Judges

Judges are not allowed to take part in competitions during the season they are part of a judging panel.

Judges are entitled to discuss the results after each category (small groups – formations) to ensure that the correct decisions are made.

6.6 Anti-doping

The organisers operate an anti-doping policy.

The Flemish Community, the (inter)national sports federations and WADA (the World Anti-Doping Agency) are authorised to test for illegal substances in Flanders.

Athletes who are found guilty of doping will be subject to disciplinary sanctions from the competent anti-doping court, consisting of being banned from taking part in sport activities for a certain period of time and/or the payment of an administrative fine and/or the payment of the procedural costs.

Further information has been published on: www.dopinglijjn.be

6.7 Moving to another club/school

Dancers are only free to change clubs or schools between 1 June and 31 July of each year. The new club or school must notify the Danssport Vlaanderen Secretariat of the move by 1 August. Moves outside of this period will be permitted only if all the parties are at one about the move and provided permission has been applied for to the Danssport Vlaanderen Secretariat and the application has been signed by all three parties (forms in annex). In exceptional cases (where the parties fail to come to an arrangement) the following rules apply:

“Any dancer who changes dance school/club is not entitled to dance under the name of the new school/club but shall dance under the name of Danssport Vlaanderen vzw, and this without authorisation from the original school/club being required. This rule applies to soloists and duos only. Groups cannot dance under the name of Danssport Vlaanderen vzw. Dancers who change clubs/schools and wish to dance in a group can do so provided they fill out the correct form. (These forms are available on request).

Dancers who move to another dance school/club will retain their bonus points.

6.8 Complaints/comments

Comments/complaints can be made to the Danssport Vlaanderen Secretariat by email to the following email address: info@danssportvlaanderen.be

The judges and competition office are not to be disturbed during the competitions.

Proposals for amendments to the competition rules can be emailed to the Danssport Vlaanderen Secretariat: info@danssportvlaanderen.be. Ideally, proposals should come with an explanation, examples and arguments.

6.9 Promotional activities

Only the activities of Danssport Vlaanderen can be promoted during competitions. Other promotions will invariably require the authorisation of Danssport Vlaanderen and the organising club.

7 Organisational rules

7.1 Fixtures list

The fixtures list is compiled by the Competition Committee. The fixtures list for the new sporting year will (insofar as possible) be published in June.

The disco circuit is organised by region, though a number of competitions will be open to all regions. Participants, other than the advanced classes and 'Adults 2' groups, can only take part in competitions organised within their own region. The advanced classes and 'Adults 2' groups can compete in all regions but can only earn bonus points in their own region. To take part in the Vlaams Kampioenschap, they need to have qualified in 3 heats organised within their own region.

7.2 Timing

The actual timing can vary from competition to competition. Soloists do not necessarily have to be scheduled first.

Where necessary, the timing may be marginally adjusted on the day itself.

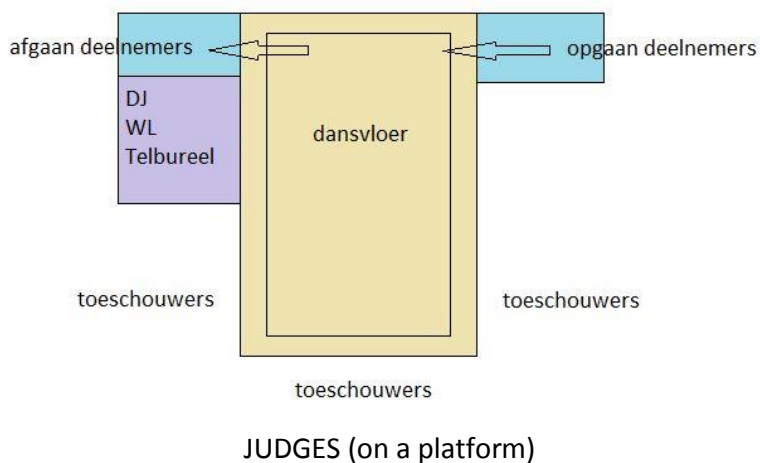
7.3 Dance floor

Minimum dimensions disco: 11m x 18m

Minimum dimensions street dance, jazz dance, modern, show dance: 11m x 15m

Where possible, 1 side of the dance floor shall be used to allow participants to come onto and leave the dance floor. Which side will depend on the layout of the venue.

The competition office shall specify the direction in which dancers are to dance at the start of the competition.



opgaan deelnemers = participants' entrance

afgaan deelnemers = participants' exit

DJ = DJ

WL = CD

Telbureel = Competition office

Dansvloer = dance floor

Toeschouwers = spectators

7.4 Music

The organising club shall play music that is in keeping with the dance style.

For disco competitions, the club shall play the music specified by Danssport Vlaanderen.

In the set-music categories, the set music must be played and not any random song.

The intro to the music the organising club plays cannot be longer than 5 sec. and must have a distinct beat for 90 sec.

The organisers are obliged to observe the duration.

The organising club must provide a music installation that comes with a USB connection (via PC).

Noise standards:

In the context of ethically responsible exercise and the health of the dancers, spectators... the organisers are obliged to abide by the prevailing noise standards. The committee office has a decibel meter and will perform the necessary checks.

The organising club shall check the acoustics of the venue to prevent noise-related issues during the competition.

Dancers, spectators and judges must be able to hear the music clearly without it being too loud, troublesome, painful and/or harmful.

7.5 Competition director

The competition director shall:

- Always call the name and number
- Check whether all participants are on the floor
- Abide by the timing
- Check any changes at the start of the competition

7.6 Judges

Dance teachers and the person in charge of the club can obtain the judges' course via the Danssport Vlaanderen Secretariat.

Each competition shall be adjudicated by a minimum of 3 judges.

7.7 Results and prizes

The results are determined on the basis of the skating-system Danssport Vlaanderen uses for the disco/street dance/show dance/modern/jazz dance competitions. Further details about this skating system can be obtained from the Danssport Vlaanderen Secretariat.

The first three contestants are presented with a cup.

Children who move up from the clip dance category are presented with a promotion medal.

7.8 First aid

A 'First aid' crew of minimum 2 people must be on site throughout the competition.

To ensure that the competition runs smoothly and ends in a fair result, Danssport Vlaanderen can revoke any one of these competition rules.

The competition committee is tasked with examining complaints. Complaints must be filed within one week of the competition. The club in question can be contacted to provide evidence to the contrary.

We take it that clubs enter the competitions with their own choreography and choice of music. We are determined to combat plagiarism.

8 Annexes



Request to change club/school within the free period* as of the 2017-2018 sporting year

* Between 1 June and 31 July, dancers are free to move clubs/schools

Dance style(s):

Competitive dancer's details:

Surname and first name:

Address:

Date of birth:

Danssport Vlaanderen membership number:

Affiliated to Dance club/school:

Name:

Tel. no. of the chairman or secretary:

Applies for leave to move to Dance club/school:

Name:

Tel. no. of the chairman or secretary:

The Board of Directors of (name of the **new dance club/school**) agrees with the aforementioned dancer's move and shall do what is necessary to affiliate and insure the dancer to/with Danssport Vlaanderen vzw.

Stamp of the club

Date

Name and signature of the chairman or secretary

This form must be sent to Danssport Vlaanderen vzw, Kempenlaan 27 letterbox 1, 2300 Turnhout between 1 June and 31 July with a copy of this form being simultaneously forwarded to your previous dance club/school (for information).



Request to change club/school outside of the free period*

(* period during which dancers are free to move: 1 June - 31 July)
as of the 2017-2018 sporting year

Dance style(s):

Competitive dancer's details:

Surname and first name:

Address:

Date of birth:

Danssport Vlaanderen membership number:.....

Affiliated to Dance club/school:

Name:

Tel. no. of the chairman or secretary:

Applies for leave to move to Dance club/school:

Name:

Tel. no. of the chairman or secretary:

The Board of Directors of (name of the **previous dance club/ school**) hereby authorises the aforementioned dancer to move to another dance club/school as of today.

Stamp of the club Date Name and signature of the chairman or secretary

.....

The Board of Directors of (name of the **new dance club/ school**) agrees with the aforesaid dancer's move and shall do what is required to, where necessary, affiliate and insure the dancer to/with Danssport Vlaanderen vzw.

Stamp of the club Date Name and signature of the chairman or secretary

.....

Please make two copies of the completed form. One for the previous dance club/school and one for the new dance club/school.

**The completed form must be sent to
Danssport Vlaanderen vzw, Kempellaan 27 letterbox 1, 2300 Turnhout**