

DANSTESTPROGRAMMA'S LATIN

	CHA CHA	JIVE	RUMBA	SAMBA	PASO DOBLE
INSIGNE	EHP : blok 1 (1-6)	bewegen op muziek met jive ritme: vorm vrij te kiezen : single step, double, tripple			
	close basic t.e.m. cross body lead				
BRONS	EHP: blok 1 + blok 2	EHP: blok 1 + blok 2 (9-10)	EHP: blok 2		
	underarm turn to left - outside steps spiral - open hip twist - split cuban break	Basic in fallaway 1-5 link-whip	forw basiccross body lead open hip twist		
ZILVER	EHP: blok 3 (14-17)	EHP: blok 2	EHP: blok 3: (5-10)	EHP: blok 2:	
	RH hold -> double hold	stop & go continuous change of place L->R	RH hold: underarm turn to R circular walks into alemana - opening outspiral ...open hip twist	reverse basic - rev. turn - whisk - prom samba walk - trav. volta's ... stat. SW - cont. volta spot ...whisk	
ZILVER *	EHP: blok 3 (18-22)	EHP: blok 3: (16 -20)	EHP: blok 3: (11-16)	EHP: blok 3:(1-9)	
	fan - overturn hockey stick - split cub. break - check with ft close on 2	solo change of place L->R fallaway rock,chasse, two step turn,chasse	open hip twist to fan pos. - hockey stick - curl to open fallaway pos.- cucarachas (2 side,1 back)	rev. basic ... botafogo'swhisk.	
GOUD	shape change	EHP: blok 3: (21-25)	walks	EHP: blok 3:(10-19)	Espana Cani
	same foot variation	1-5 link, 1-2 whip, spring to lunge line, flick cros	changes in rhytm	cont. volta spot with foot chage man ... cruzado walks	